

SEMEN ANALYSIS INSTRUCTIONS

Prior to sample collection

- 1.) Schedule with nurse or scheduling department personnel.
- 2.) Abstain from sexual relations, ejaculation, at least 48 – 72 hours prior to scheduled appointment.

Sample Collection

- 1.) The sample is to be collected by masturbation only. The use of lubricants is prohibited as it may be harmful to the sperm.
- 2.) Collection by intercourse requires a special semen collection device, otherwise the sample may be contaminated and the test will need to be rescheduled.
- 3.) The sample needs to be collected into a sterile specimen container, one can be provided or purchased from a local pharmacy.
- 4.) The container needs to be labeled with the patient's full name, social security number, time of collection, date and spouse's full name.
- 5.) After the sample is collected, please make sure the lid of the container is properly secured.

Sample Transport

- 1.) The sample needs to be presented to the lab within 2 hours of the collection time.
- 2.) The sample's temperature needs to be maintained as close as possible to body temperature. Drastic temperature changes is deleterious to sperm and may render the test invalid and need to be repeated. This can be done by placing the container inside an inner pocket of your coat.

Report Disbursement

- 1.) All reports will be available through the referring physicians' office, please provide contact information.

Results will be available within 3 business days.